

Meadow Breeze Day Camp

2018 Lunch Menu & Ingredients

Pasta with marinara sauce and garden salad

Penne pasta

100% durum wheat semolina flour, water.

Oil

Soybean oil, corn oil, olive oil.

Marinara sauce

Tomato, olive and sunflower oil blend, salt, onions, sugar, black pepper, oregano, basil, parsley.

Salad

Lettuce, tomato, cucumber, carrot, red cabbage

Tuesday - Chicken nuggets with tater tots and corn

Chicken nugget

Corn flour, wheat flour, corn starch, salt, dried whey, garlic powder, onion powder dried whole egg, water, corn oil. Tumeric, salt, sugar, Torola yeast, chicken, chicken fat, dehydrated chicken broth, maltodextrin, calcium silicate, sodium phosphates.

Tater tots

Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.

Corn niblet

Corn, sugar, salt, water

Wednesday - Breakfast for Lunch!

French Toast sticks

Bread enriched wheat flour flower, malted barley flour, reduced iron, niacin, thiamin mononitrate, vitamin b1 riboflavin vitamin B2 folic acid, water, sugar, soy bean oil, yeast, salt, wheat gluten, dates, calcium propionate, calcium sulfate, corn flour, soy lecithin, potassium iodate, mono calcium phosphate, cornstarch, egg batter, whole eggs, sugar, whey, contains 2% or less of the following: salt, natural vanilla flavor, xanthin gum, citric acid.

Sausage patty

Pork, water, salt, corn syrup solids, spices, sugar, dextrose, citric acid, propyl gellate.

Pineapple chunks

Ingredients: pineapple, pineapple juice, citric acid.

Syrup packages

Corn syrup, high fructose corn syrup, water, natural flavor, mollasses, cellulose gum, potassium sorbet, sodium benzoate, caramel color, citric acid, salt.

Thursday - Turkey sandwich with pickle spear and chips

White bread

Enriched wheat flour, water, high fructose corn syrup, yeast, soy bean oil, salt, riboflavin, calcium propionate, monoglycerides, calcium sulfate, datem, citric acid, grain vinegar, wheat gluten, soy lecithin, potassium iodate, monocalcium phosphate, cornstarch.

Turkey breast

Turkey broth, and 2 % or less of salt, sugar, Carrageenan, sodium citrate, sodium phosphate, sodium

Pickle spear

Cucumber, salt, sugar, vinegar, Pickering spices.

Potato chips

Potatoes, vegetable oil, salt.

Friday – Pizza Day!

Pizza Dough Mix

(enriched bleached wheat flour [wheat flour, malted barley flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], soybean oil, salt, sugar, yeast),

Mozzarella Cheese

Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes,

Pizza Sauce

Diced Tomato, Tomato Puree, Salt, Calcium Chloride, Spice, Black Pepper, Water, Soybean Oil, Low Moisture Part Skim Mozzarella Cheese (pasteurized part skim milk, cheese cultures, salt, enzymes), Contains less than 2% of Grated Romano Cheese (pasteurized sheep's milk, cheese culture, salt, enzymes, anti-caking agent), Oregano.