



# LCA Summer Experience Health Policies

## ILLNESS

Meadow Breeze Day Camp Health Clinic is operated by a registered nurse or other designated health supervisor. When a camper becomes ill at camp, a parent or guardian will be notified and expected to come for the camper as soon as possible. Each parent or guardian is asked to provide the names of additional persons who may be contacted in the event that a parent cannot be reached. Persons listed must be local and have access to transportation.

There are times when a camper should remain at home for his/her own welfare and for the protection of other campers. The following criteria may be used to determine when a child should remain at home:

1. Has a cold in the contagious stage (first few days)
2. Sore throat and swollen neck glands accompanied by a fever
3. Undiagnosed rash or skin eruptions
4. Earache, red eyes or drainage from eyes
5. Any communicable disease (see paragraph below)
6. Fever of 100 degrees or higher during the past 24 hours
7. Vomiting or diarrhea within the past 24 hours

If your son/daughter develops a communicable disease, e.g., chicken pox, strep throat, scarlet fever or fifth disease, please notify the camp. This will enable us to monitor your child's progress and other student's exposure.

**Campers should remain at home a minimum of one day following the resolution of an acute illness.**

Please check your child's temperature; a child should be "fever free" for twenty-four hours without taking a fever reducing medication such as Tylenol or Advil before returning to camp.

## MEDICATIONS

If medications are to be given in camp, the following guidelines need to be followed:

1. Prescribed medications must be in the pharmacy bottle and labeled with the medical provider's name, dosage, date, etc. Over-the-counter medications must be in the original manufacturer-labeled container.

2. A medication permission form must be signed by a parent and medical provider for all prescription medications and for most over-the-counter medications. Forms are available online and in the camp office.

3. Campers should not transport any medication to camp.

4. All medicines are to be kept in the health clinic unless otherwise arranged with health clinic staff.

5. Parents should retrieve all medications by the close of the camp season. Any medications not retrieved will be discarded.

### **IMMUNIZATIONS**

State regulations require each child to meet grade entry immunization requirements. Evidence of the date of all immunizations, signed by a medical provider, must be on record at the camp, prior to entry.

### **MINOR INJURIES**

In the event of a minor injury (cuts, scrapes, small bruises, etc) basic first aid principles of cleansing the site, application of a bandage and/or application of an ice pack will be followed.

### **EMERGENCY CARE**

In the event of significant injury (potential fracture, head injury, etc) parents will be notified to arrange transportation for hospital care and/or 911 will be called depending on severity. Life threatening emergencies and administration of Epinephrine require a 911 call for emergency care and transport to a hospital in addition to parent notification.